HAMBURG







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Determinants of patient use and satisfaction with synchronous telemental health services during the COVID-19 pandemic: A systematic review

Background

- Widespread implementation of telemental health services during COVID-19 pandemic
- Triggered new research that examined patient use and satisfaction with the services — including determinants of those outcomes
- A systematic review of the recent literature is lacking

Aim

To give an extensive overview of the literature on and highlight influential determinants of patient use and satisfaction with synchronous telemental health services during the COVID-19 pandemic.

Methods

- Prospero registration, followed PRISMA guidelines
- Study selection, data extraction and study quality assessment were performed by two reviewers



PsycINFO® **Clarivate**

- Eligibility criteria
 - ✓ Mental health patients
 - ✓ Synchronous telemental health services
 - ✓ Determinants of use and/or satisfaction included

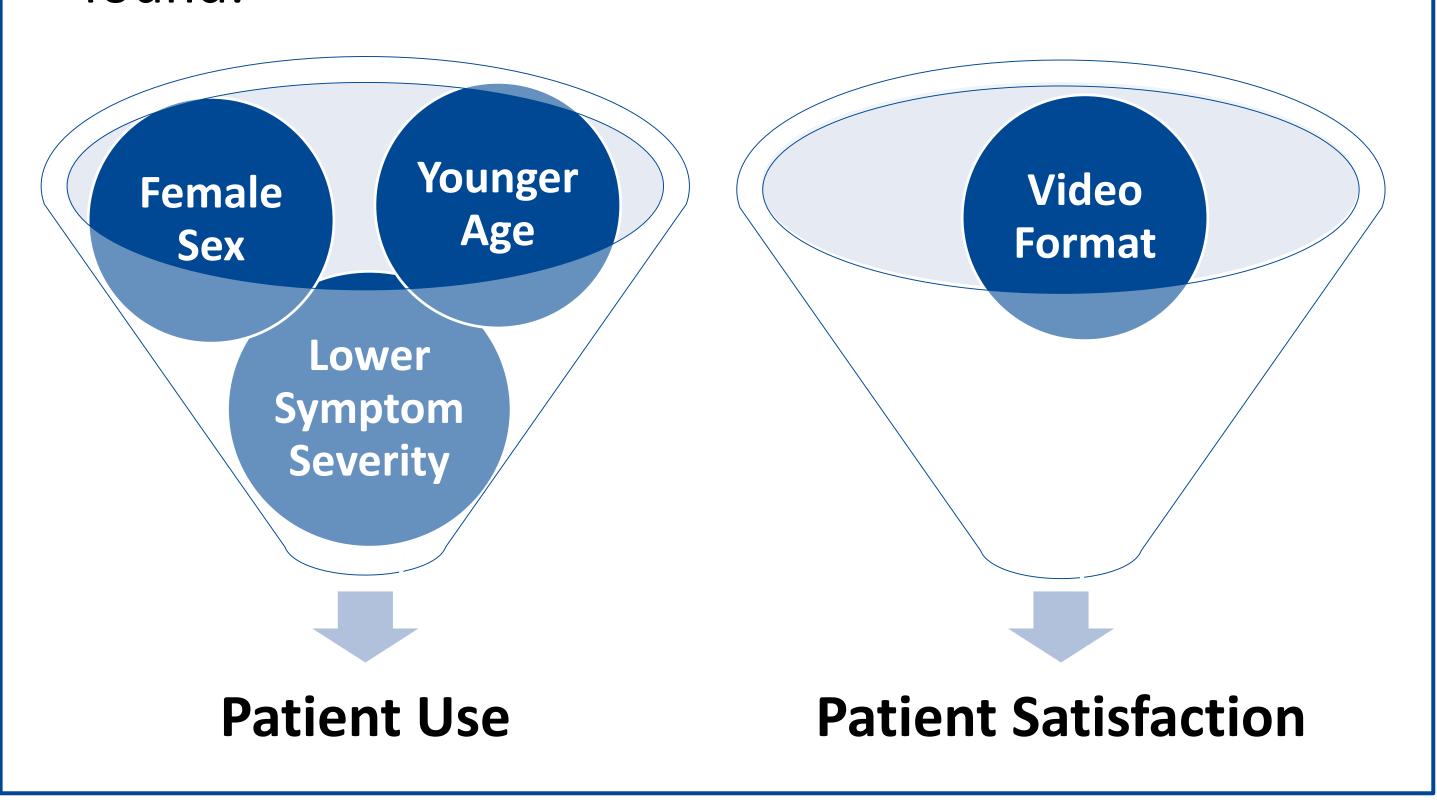
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- ✓ Data collection during COVID-19 pandemic
- ✓ Published from 2020 onwards
- ✓ Peer-reviewed, quantitative studies
- ✓ German or English-language articles
- Data extraction categories were chosen informed by the Unified Theory of Acceptance and Use of Technology (UTAUT; Venkatesh et al., 2003)

Results Duplicates removed Records identified from databases and (n = 1,762)manual search (n = 10,626) Records excluded Records screened (n = 8,864) (n = 8,718)Reports not Reports sought for retrieval (n = 146) retrieved (n = 2)Reports assessed for eligibility (n = 144) Reports excluded in full-text screening (n = 124)Studies included in review (n = 20)

Results

- n = 13 studies observed determinants of patient use, n = 10 determinants of patient satisfaction
- Mainly good (n = 12) or fair (n = 6) study quality
- From North America (n = 14), Europe (n = 5) and Asia (n = 1)
- Sample sizes ranged from n = 28 to n = 1,054,670
- Great heterogeneity concerning study designs, methods and findings
- Sociodemographic and health-related determinants were mostly considered, UTAUT dimension were partly neglected (e.g., effort and performance expectancy, psychosocial influence, facilitating conditions)
- While most findings were mixed or non-significant, some indications for potential relationships were found:



Future Research & Conclusion

Future research

- Research including theoretical models
- Application of established scales
- § Longitudinal (post-pandemic) studies
- Qualitative studies

Conclusion

Potential target groups for future postpandemic telemental health interventions were identified (e.g., female and young patients with mild symptoms)

Patient groups that were harder to reach and require further attention were detected (e.g., older patients with severe symptoms)

