



EUROFAMCARE

Family caregivers' quality of life and experiences of support in six European countries

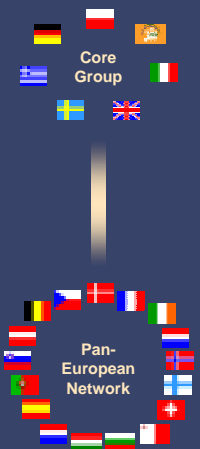
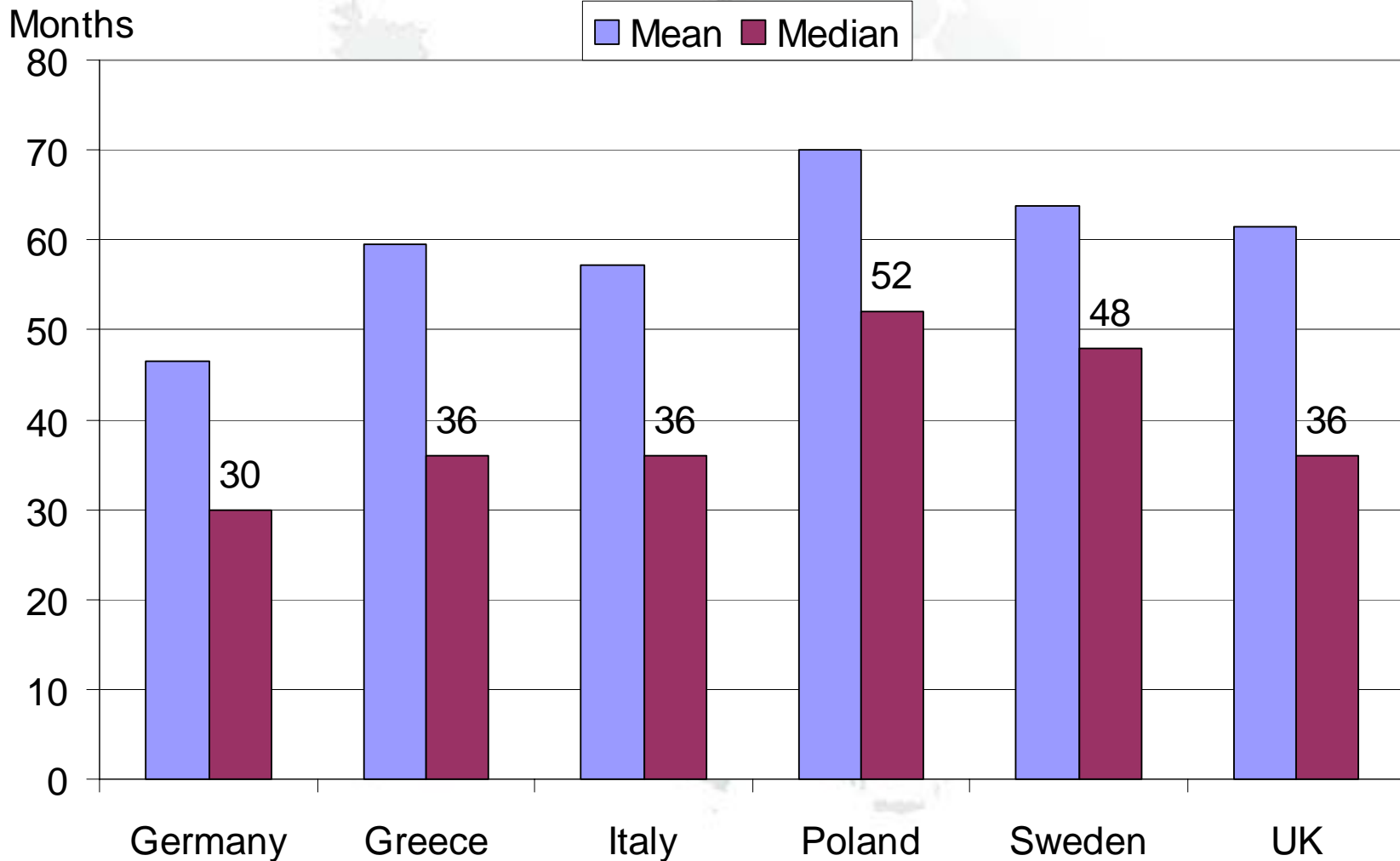
Dr Barbro Krevers

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University of Linköping
Sweden**



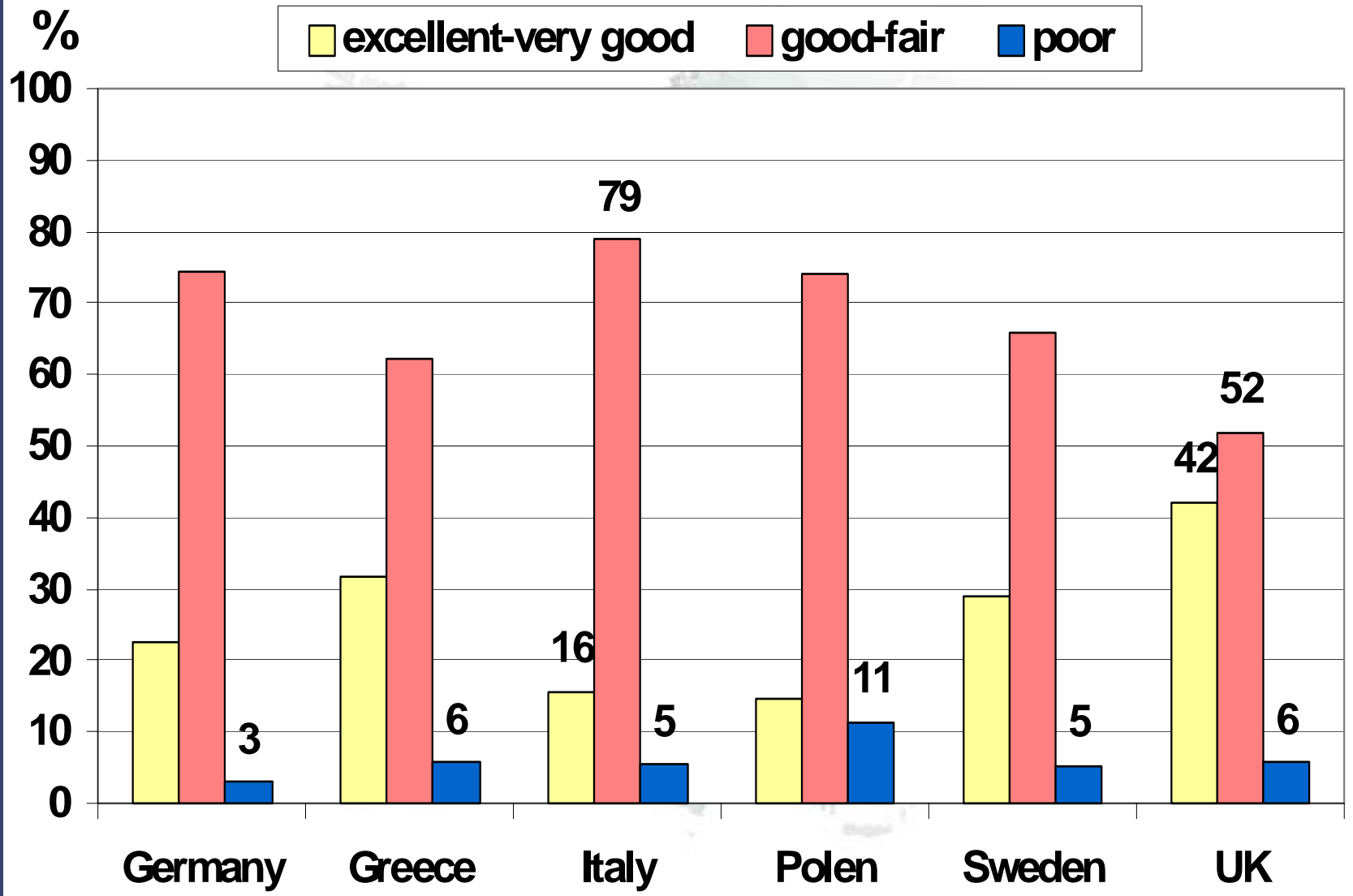


How long have you been caring for elder?



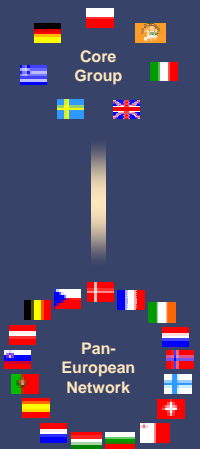
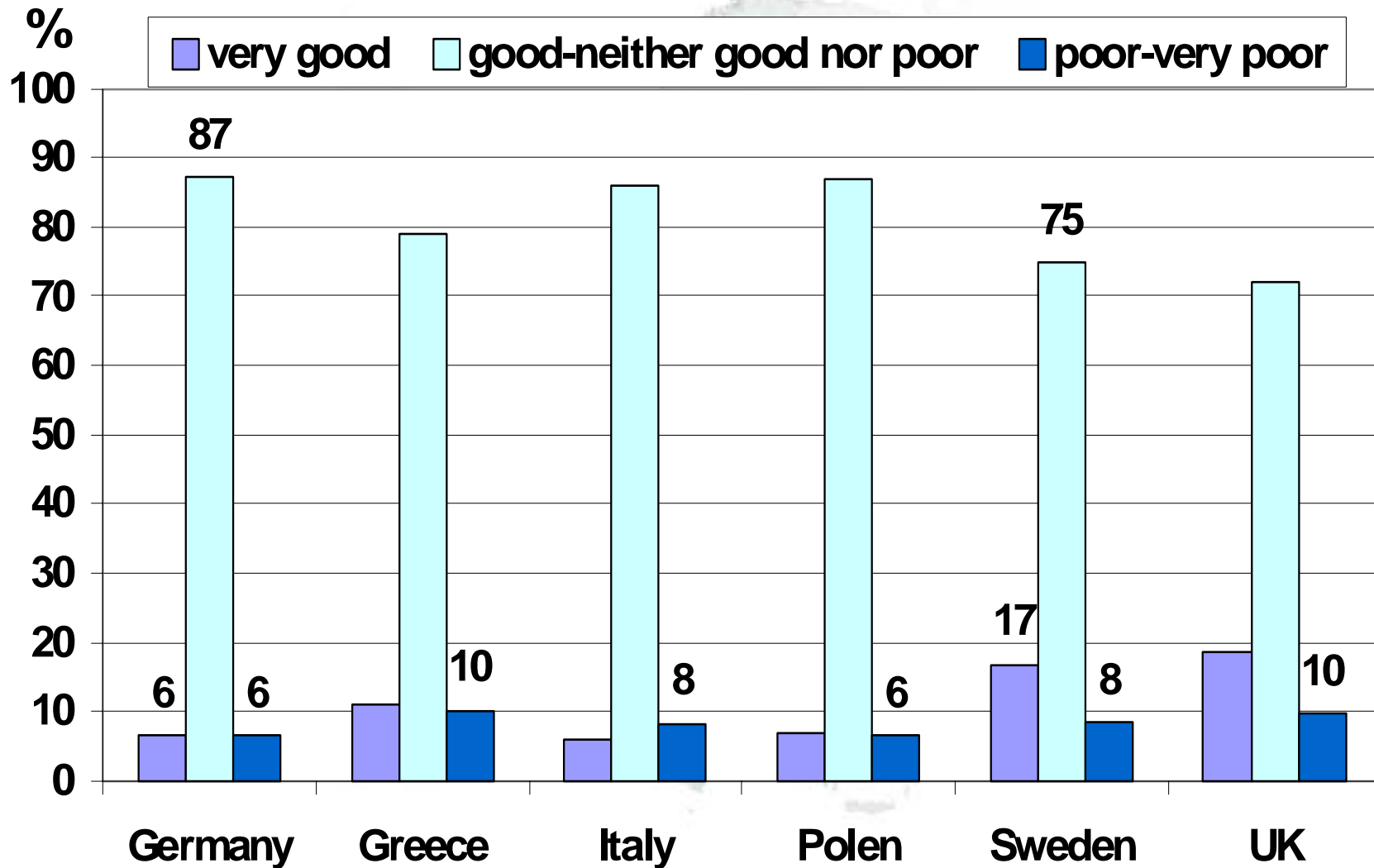


Health





Quality of life





COPE INDEX

Care of Older People in Europe

Screening instrument to detect need in carers of older people

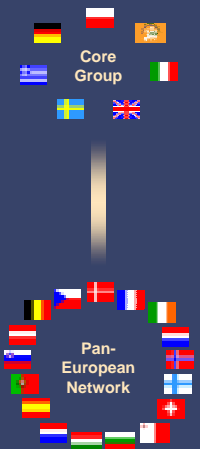
15 items

4=Always 3=Often 2=Sometimes 1=Never

Three sub-sections:

- Positive value scale 5 items
- Negative impact scale 6 items
- Quality of support section 4 items





Positive value scale

- Do you feel you cope well as a caregiver?
- Do you find caregiving is worthwhile?
- Do you feel well supported by your family?
- Do you have a good relationship with the person you care for?
- Do you feel that anyone appreciates you as a caregiver?



Negative impact scale

- Do you find caregiving too demanding?
- Does caregiving cause difficulties in your relationships with friends?
- Does caregiving have a negative effect on your physical health?
- Does caregiving cause difficulties in your relationship with your family?
- Do you feel trapped in your role as a caregiver?
- Does caregiving have a negative effect on your emotional well-being?

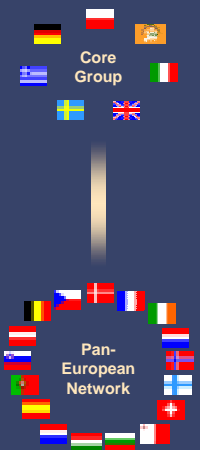
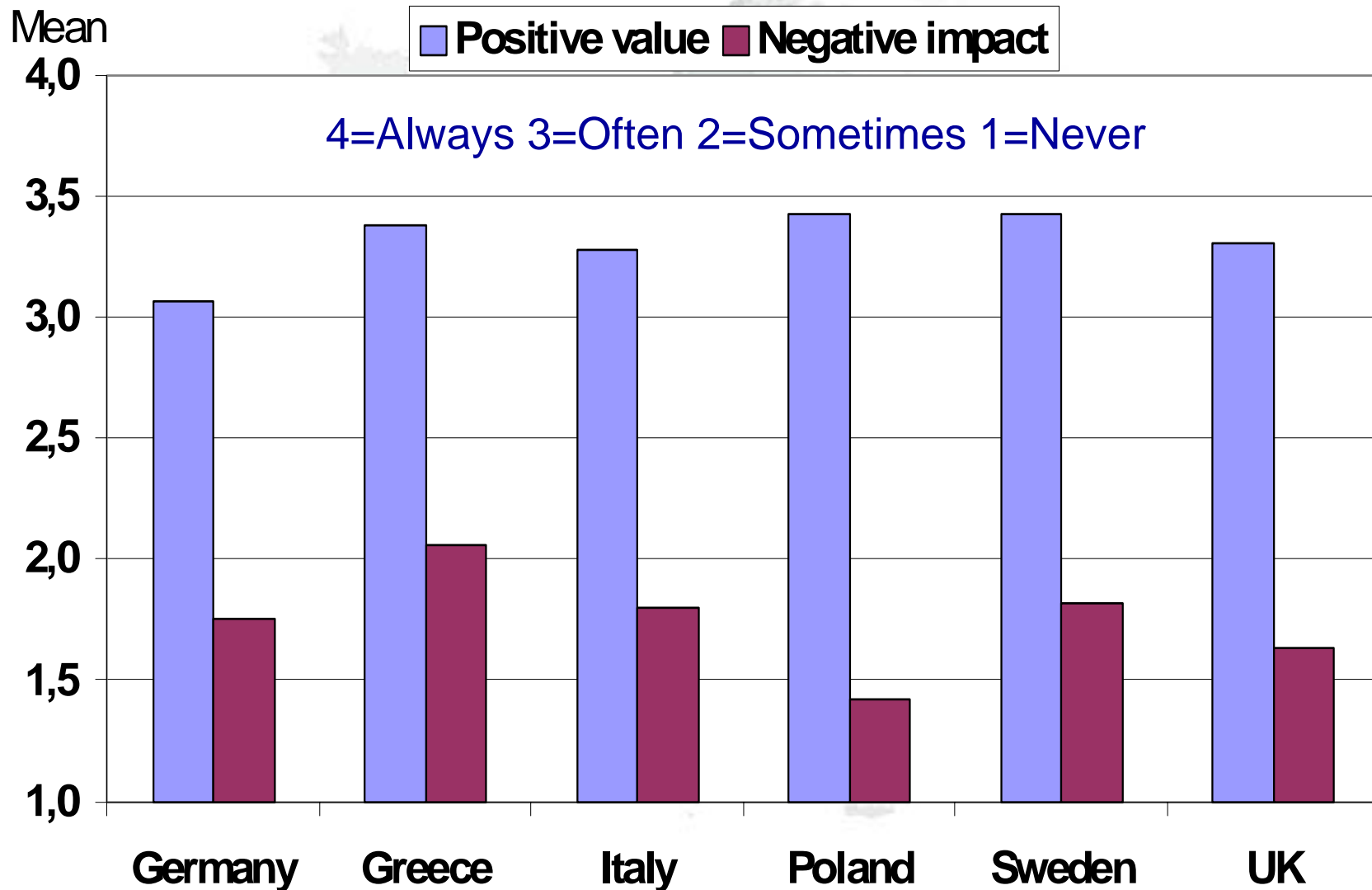


Core
Group



Pan-
European
Network

Positive and negative aspects of the care giving situation





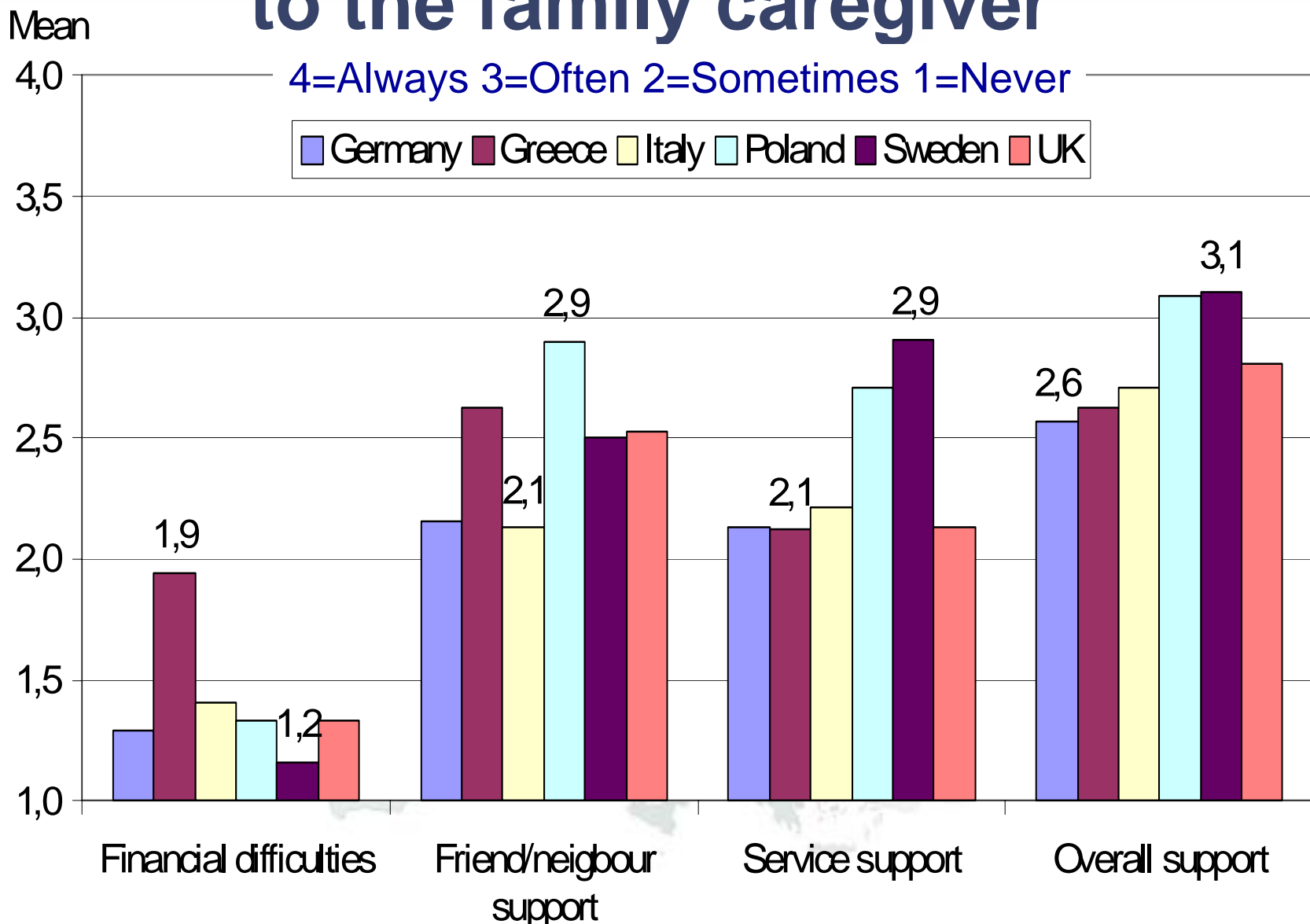
Quality of support section

- Does caregiving cause you financial difficulties?
- Do you feel well supported by your friends and / or neighbours?
- Do you feel well supported by health and social services? (for example, public, private, voluntary)
- Overall, do you feel well supported in your role of caregiver?





Quality of support to the family caregiver

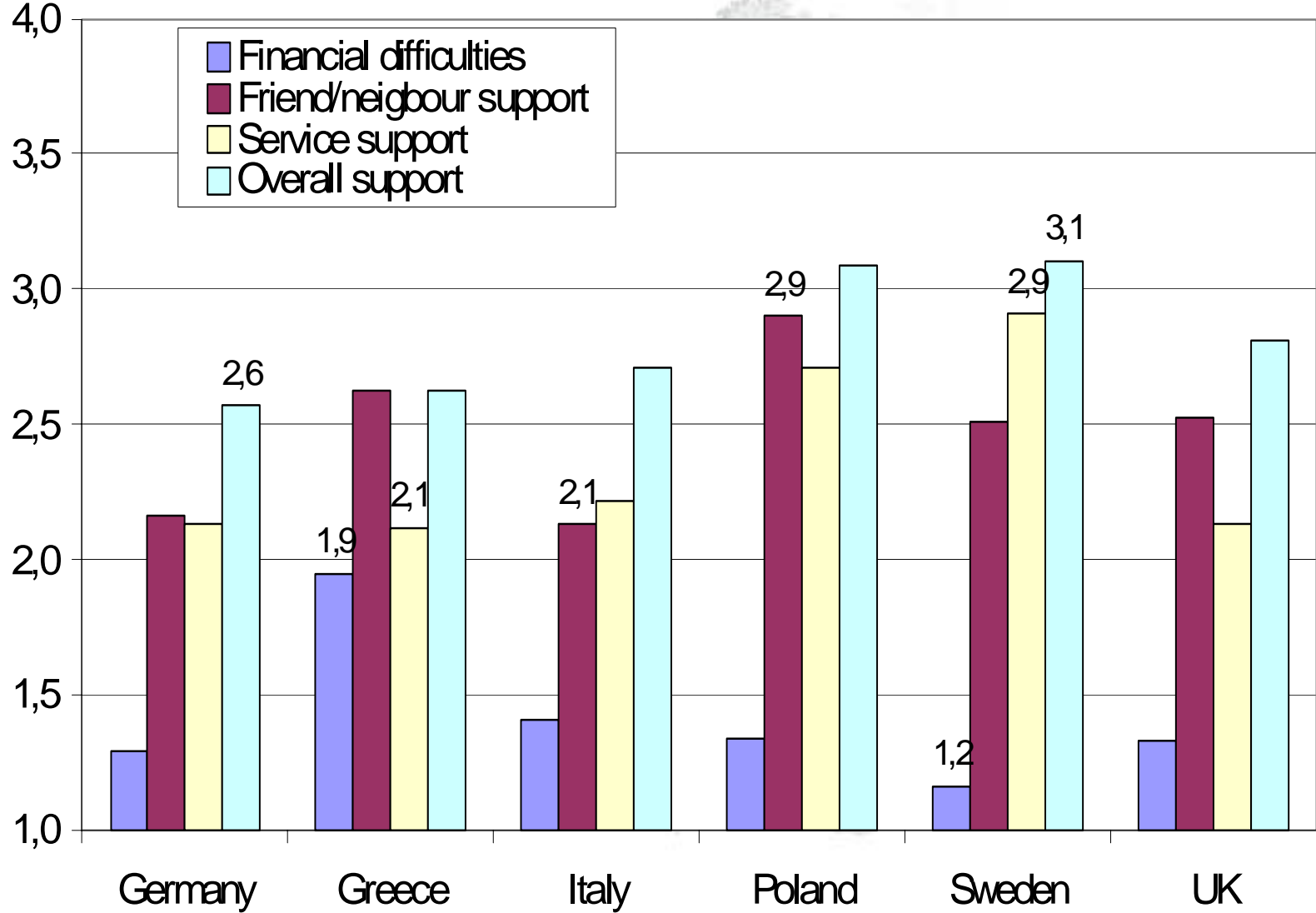


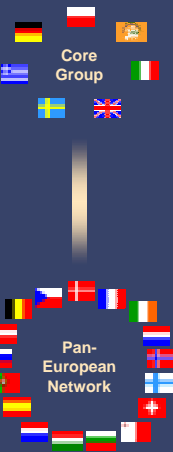


Quality of support

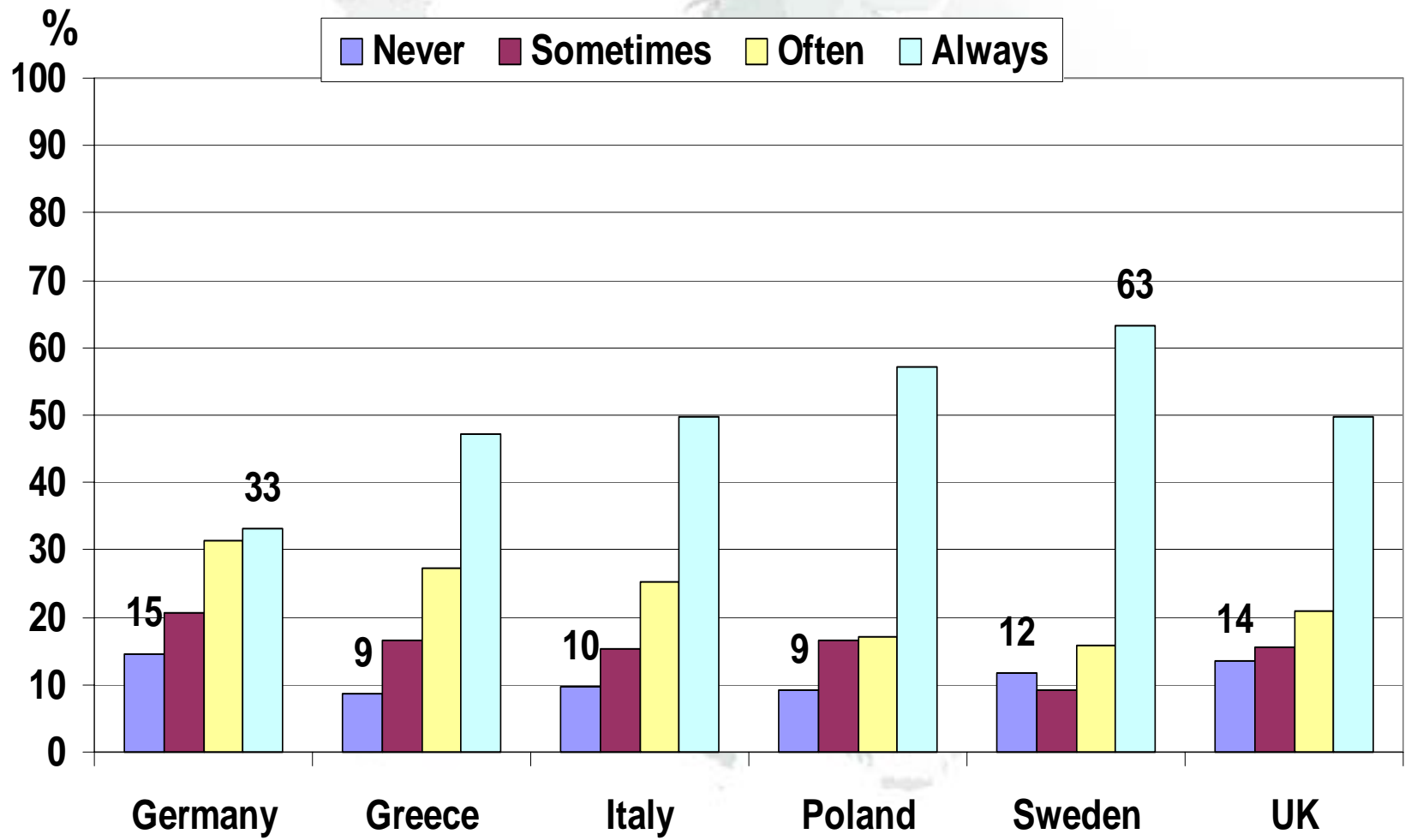
Mean

4=Always 3=Often 2=Sometimes 1=Never



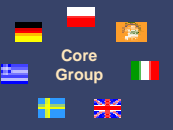
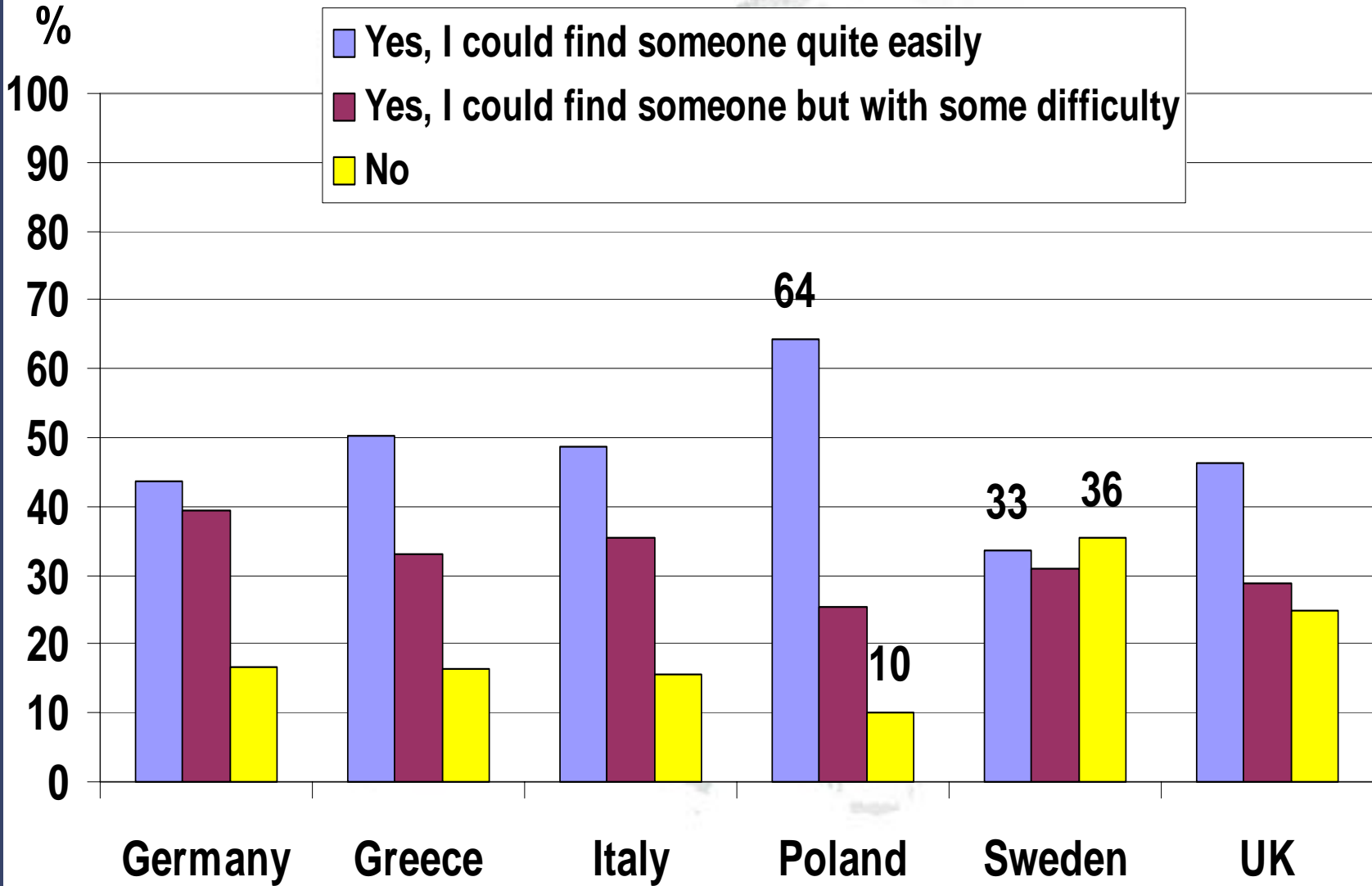


Do you feel well supported by your family?



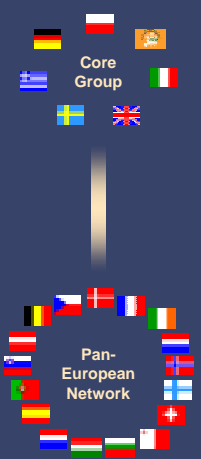
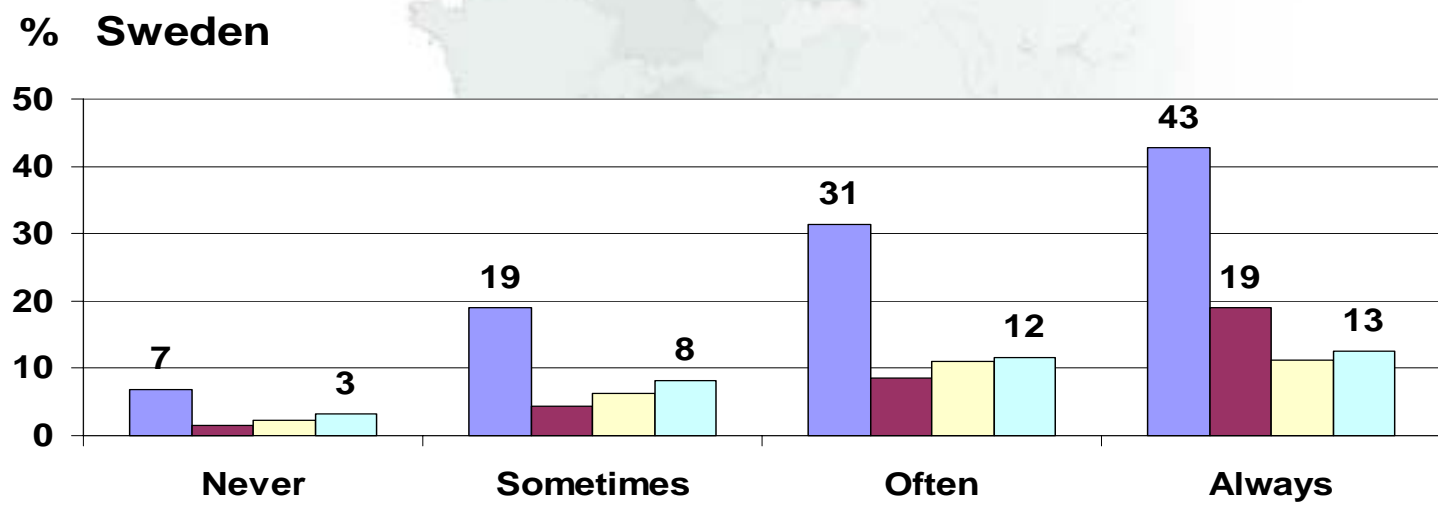
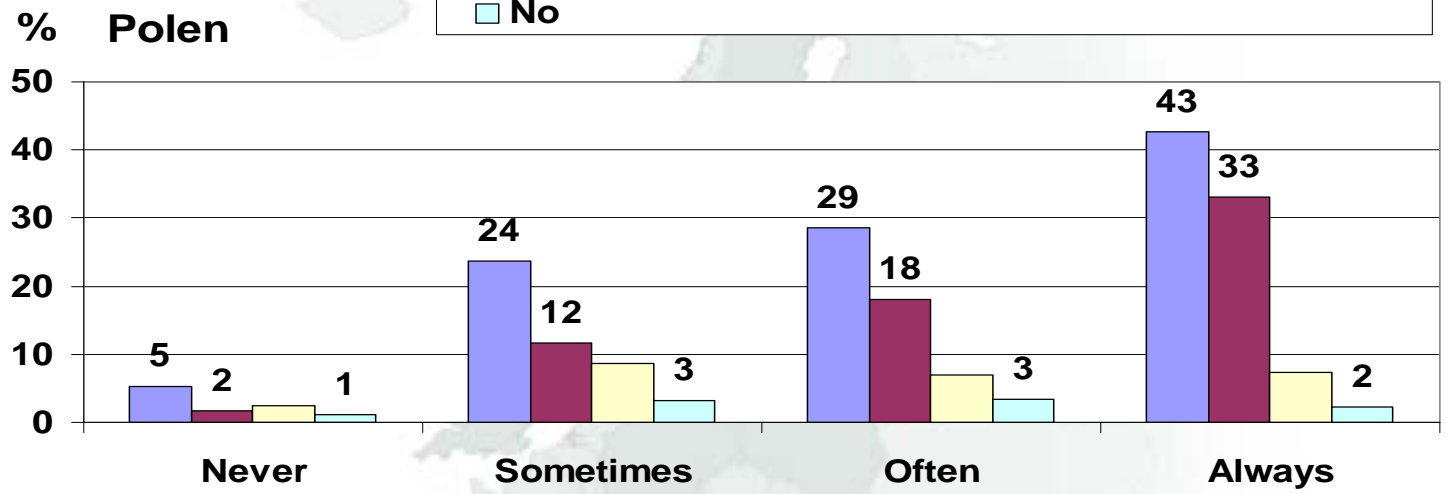


If you were ill is there anybody who would step in to help with elder?





Overall, do you feel well supported in your role of caregiver? **And the distribution of:** If you were ill is there anybody who would step in to help with elder?

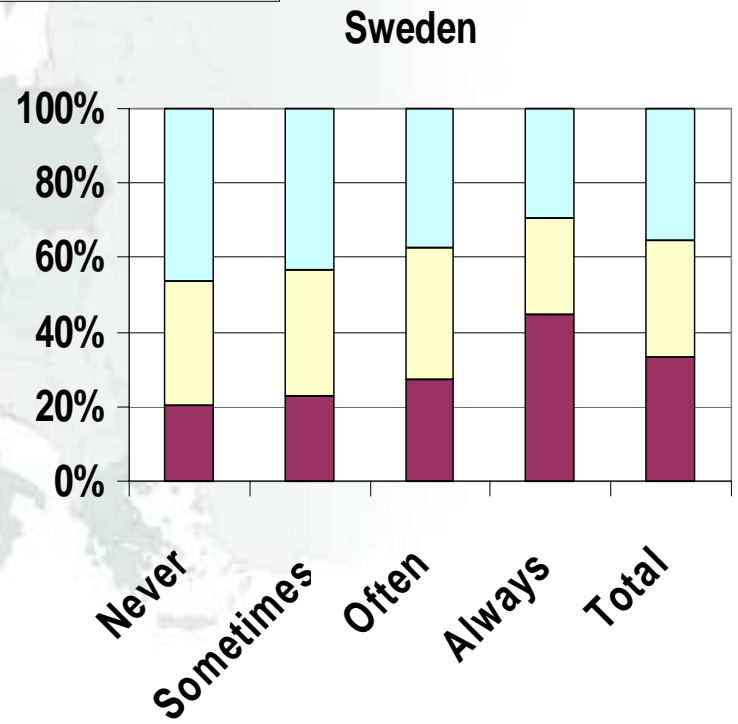
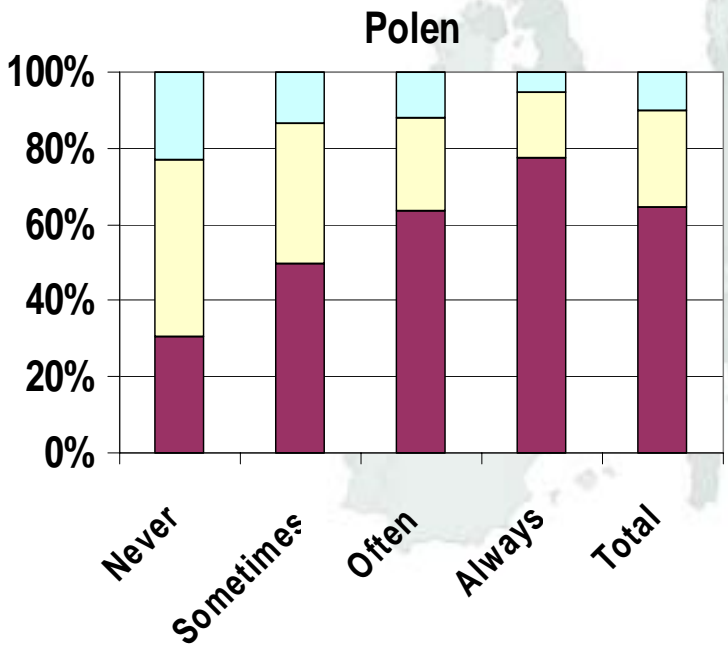
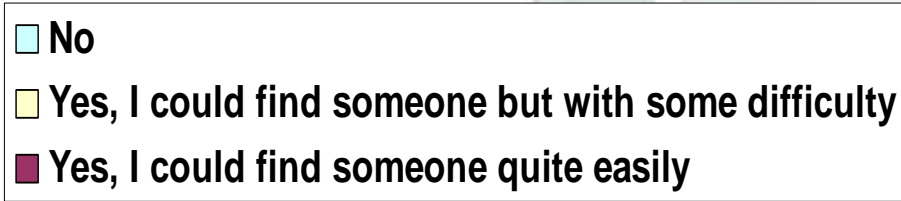




If you were ill is there anybody who would step in to help with ELDER?

And the distribution of:

Overall, do you feel well supported in your role of caregiver?

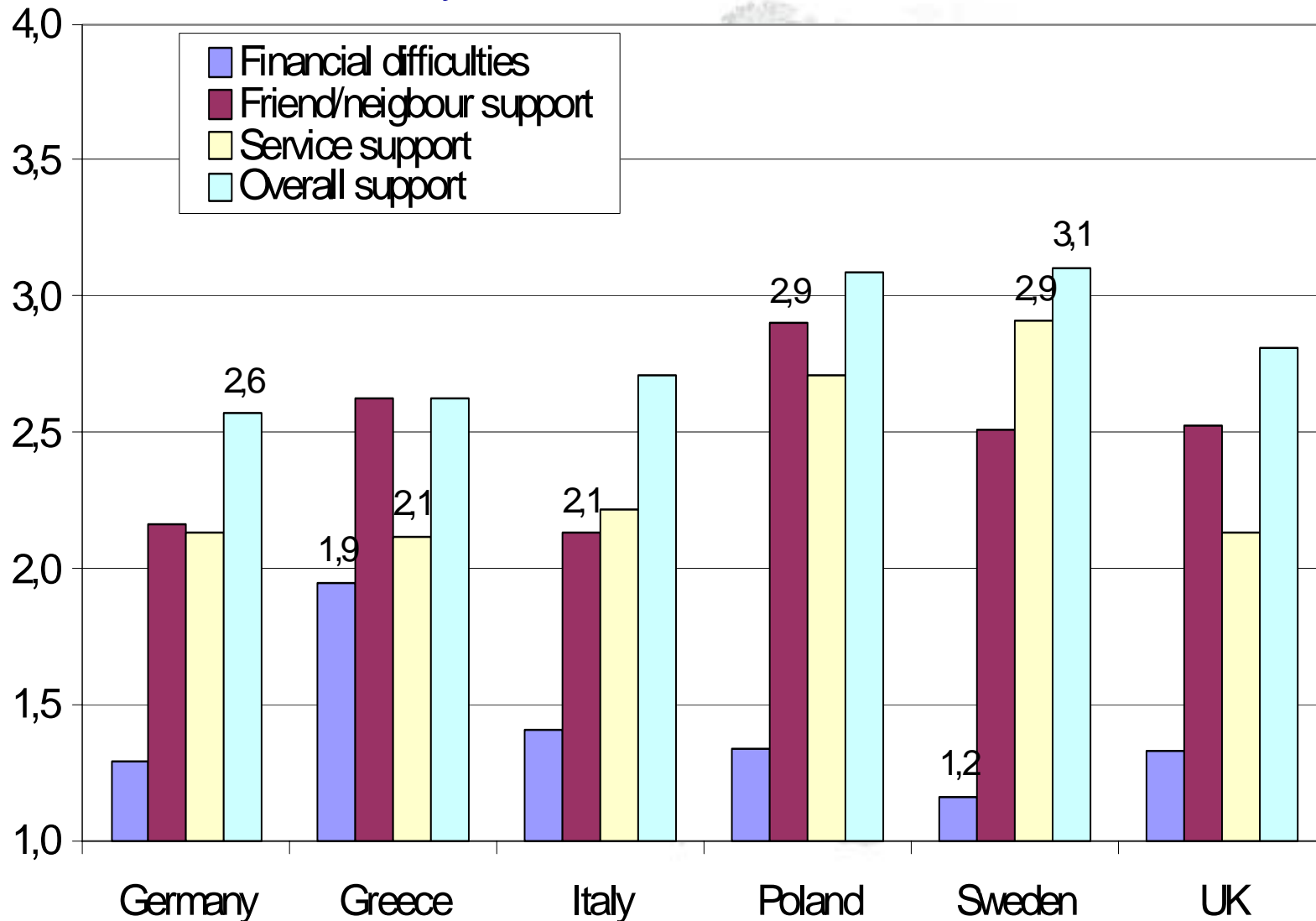


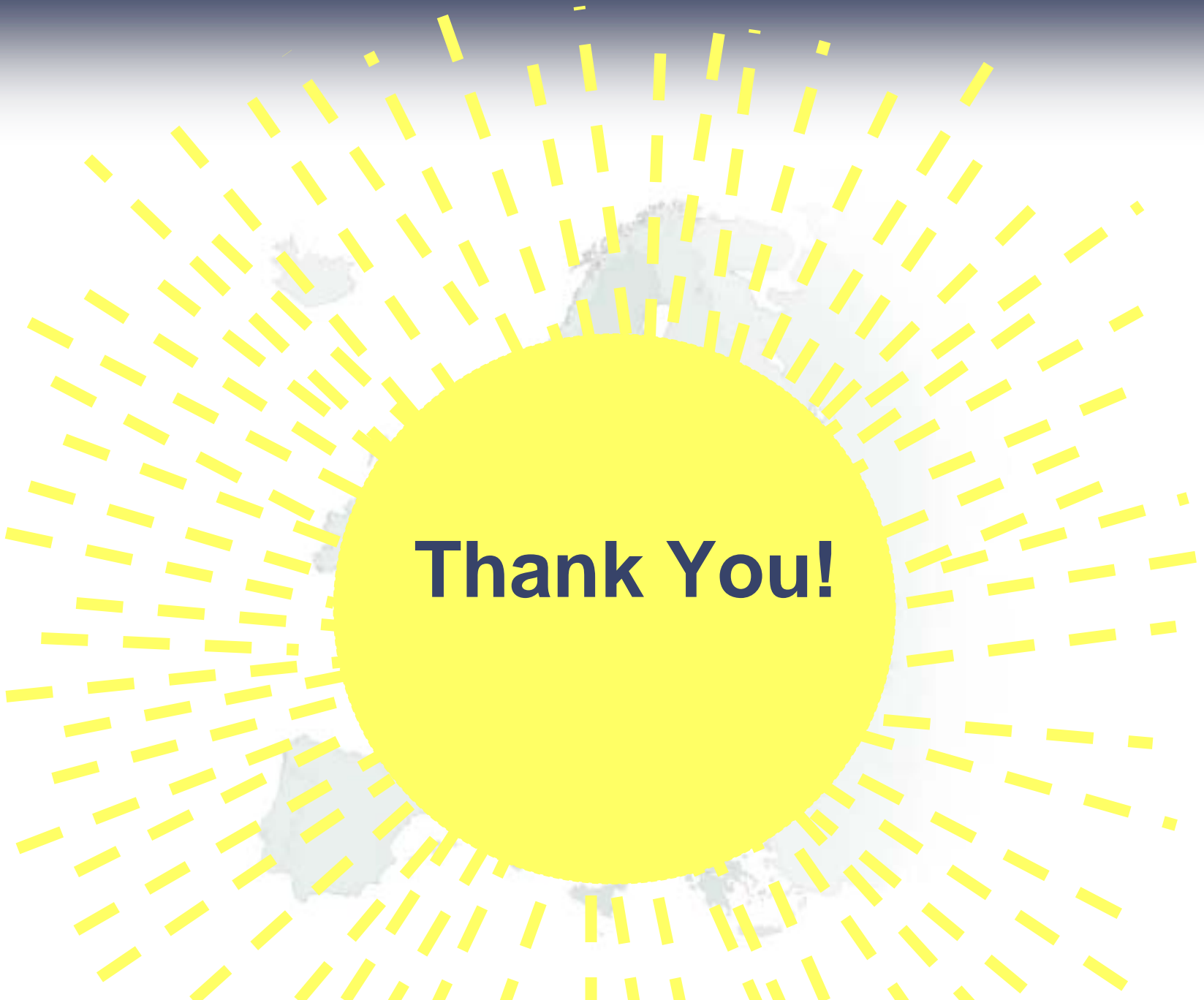


Quality of support

Mean

4=Always 3=Often 2=Sometimes 1=Never





Thank You!