



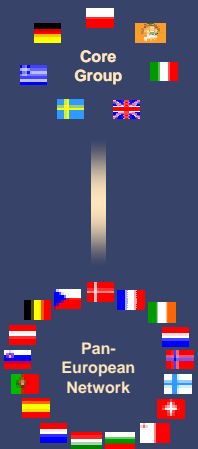
The 5th Framework Programme:
Quality of Life and Management of Living Resources

Services for Supporting Family Carers of Elderly People in Europe: Characteristics, Coverage and Usage

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**WITAMY W RODZINIE EUROPEJSKIEJ
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**Key Action 6: The Ageing Population and Disabilities
6.5: Health and Social Care Services to older People**



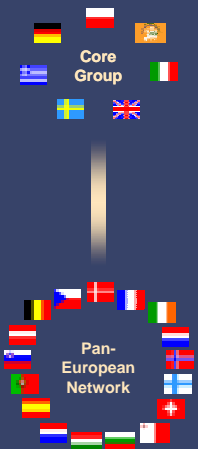
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Family Support for Dependent Older People in Europe

The EUROFAMCARE STUDY

- Hanneli Döhner (GE):* Overview of the EUROFAMCARE project
- Judy Triantafillou (GR):* Support services for family carers of dependent older people in six EU Member States
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- Giovanni Lamura (I):* Usage of services supporting family caregivers in six European countries
- Barbro Krevers (SW):* Family caregivers’ quality of life relating to services supporting their caring process in six European countries

Panel discussion



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7th International Long-Term Care Conference

Torun, 21-23 September 2004

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Overview

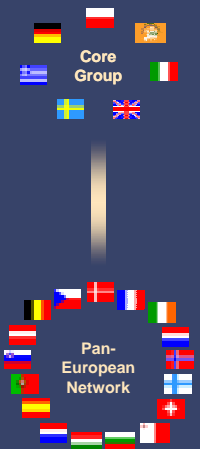
H. Döhner and C. Kofahl for the EUROFAMCARE group

The **EUROFAMCARE** group: **Germany**: Döhner H. (project coordinator), Kofahl C., Luedecke D., Mnich E. (Hamburg) and Rothgang H., Becker, R. (Bremen); **Greece**: Mestheneos E. (PI), Triantafillou J. (PI), Prouskas C., Mestheneos K.; **Italy**: Lamura G. (PI), Balducci C., Melchiorre M.G., Quattrini S., Spazzafumo L.; **Poland**: Bien B. (PI), Wojszel B., Synak B., Czekanowski P., Bledowski P.; **Sweden**: Öberg B. (PI), Krevers B., Johansson S.L.; **United Kingdom**: McKee K. (PI), Barber L., Brown J., Nolan M.

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Objectives (1)

- In all European countries increasing old-age is combined with more frequent and longer phases of being in need of care.
- The majority of families in Europe will have to cope with the situation, that their ageing relatives will become dependent.
- In these and future times this often means long-term-care for several years.



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Objectives (2)

- A European policy aim is to enable elderly people to remain at home as long as possible...
- **but** this is only feasible with the support of family carers as there is no realistic chance to cover these duties with other informal carers and professional carers only.
- Although family carers are about 80 % of all caregivers in total, the majority of family carers is neither trained in nursing nor has developed sufficient coping skills.



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Objectives (3)

- The family carers of today are at risk of becoming those in need of care tomorrow.
- The need for European research in this field is evident – from an individual as well as from a societal perspective.



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Aim

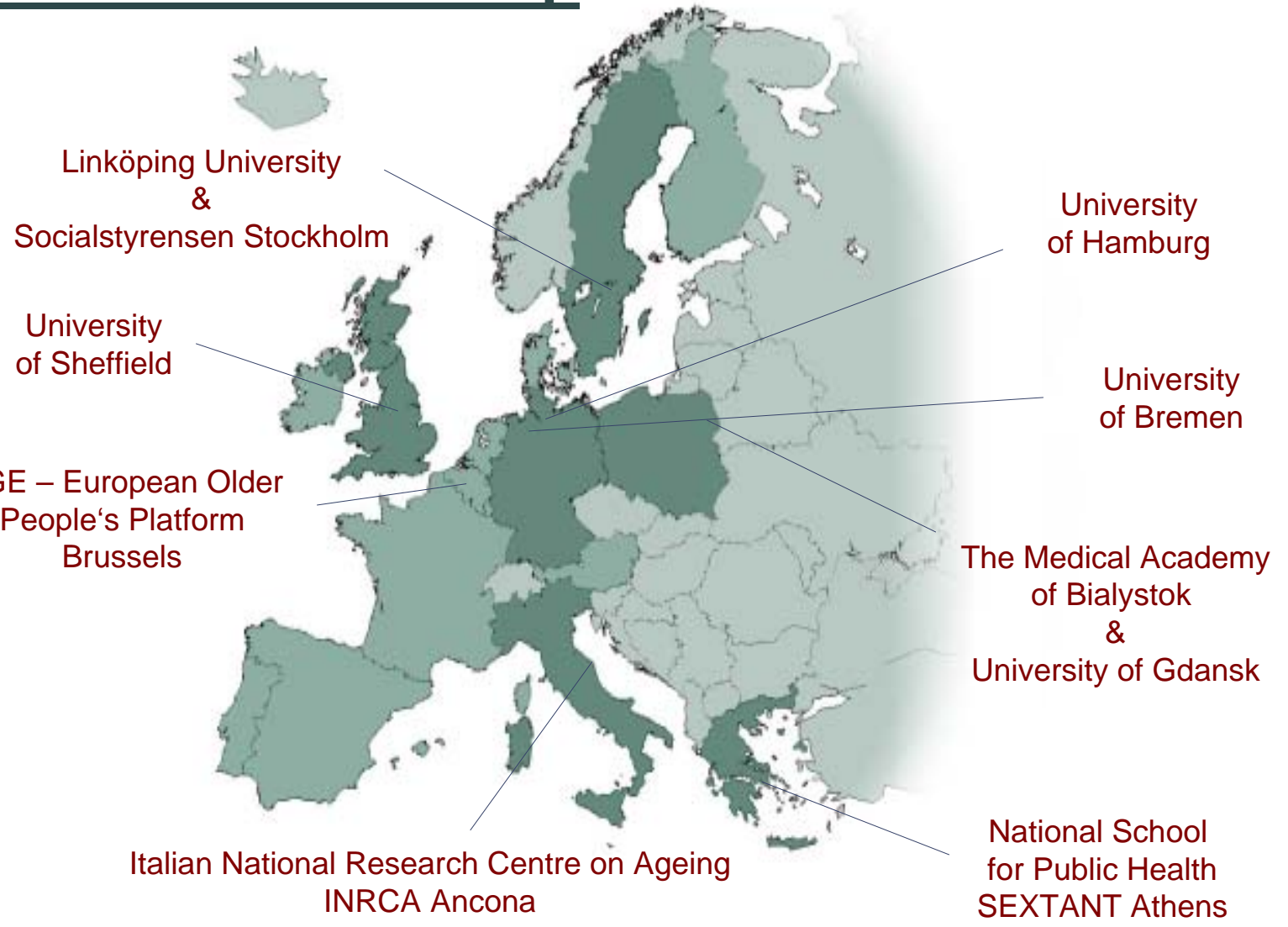
- EUROFAMCARE will provide a European review of the **situation of family carers** of elderly people in relation to the existence, familiarity, availability, use and acceptability of supporting services.
- EUROFAMCARE will push a change management process at various policy levels to promote social policies towards a **partnership approach** between family carers, professional providers and cared-for.





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Core Research Group





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Core
Group



Pan-
European
Network

I. Six-Countries-Study



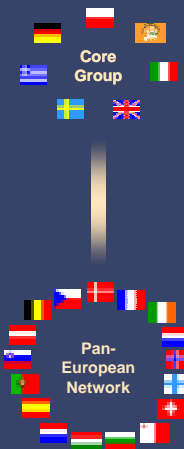
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National Surveys

In-depth studies in the 6 core countries (Germany, Greece, Italy, Poland, Sweden, UK) have been prepared using common guidelines for conducting the research work:

Standard Evaluation Protocol

- **Baseline Study with caregivers:** Face to face interviews (*4 presentations*)
- **Follow-up Study with caregivers:** different methods (face to face, phone, postal) depending on national circumstances
- **Service providers study:** also using a variety of methods





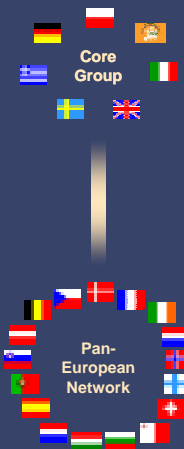
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Joint Family Care Assessment

Up to 1,000 families in each of the 6 countries have been visited at home and interviewed face to face using a **Joint Family Care Assessment**.

Compilation of instruments to assess carers' and their dependent family members' Quality of Life in relation to the

- (non-)existence,
- (non-)familiarity,
- (non-)availability,
- (non-)use and
- (non-)acceptability
of supporting services



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Data Analysis

Data will be analysed on a national and European level asking for:

- the *differential* between existing services on offer and the knowledge about services and their availability,
- the *use* and *non-use* of such services, especially the reasons behind those decisions
- *experience* with and assessment of such services with respect to effectiveness and efficiency,
- *claimed needs for support* resulting from the individual family care situations, which beside other factors may show a lack of specific services,
- Identifying different *types of family care situations* and their relation to specific services, respectively the lack of services.





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II.

Pan-European Background



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National Background Reports

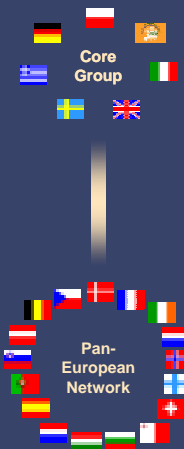
A **Standard Evaluation Protocol for National Background Reports** guarantees the comparability between countries (**STEP for NABAREs**).

The NABAREs have been finished in nearly all 23 countries involved. They contain the current information about the country specific situation of family carers’

- (non-)support,
- (non-)relief and
- (non-)expertise

in the years 2003/2004.

(1 presentation based on results of six countries)





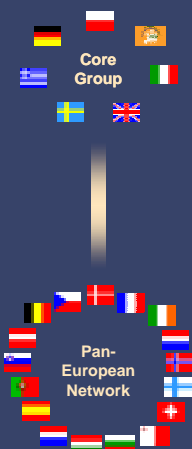
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Pan-European Background Report

The **PEUBARE** will compare the situation of family carers' in 23 countries based on data from the NABAREs written in the years 2003/2004

- (non-)support,
- (non-)relief and
- (non-)expertise

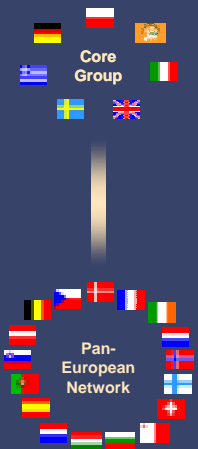
The information given will be analyzed with respect for the variety of the different social-, health- and welfare systems.



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European Policy Dimension

- As a first step our partner from AGE in Brussels prepared an overview feeding the partners with background knowledge concerning the activities and initiatives for family carers at the European level .
- In a second step interviews with European decision makers responsible for change management will be conducted to gather their views about strengths, weaknesses and opportunities to support family carers.

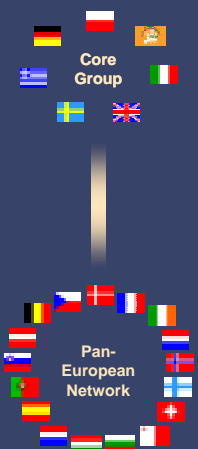


The logo for EUROFAMCARE, featuring the word in a bold, sans-serif font with a heart icon replacing the letter 'O'.

Socio-economic Evaluation

A socio-economic evaluation will calculate the economic consequences from perceived quality of life to European-wide politico-economic implications on the basis of

- the six National Surveys,
- the National Background Reports and
- the Pan-European background information



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III. Interactive Transfer and Dissemination

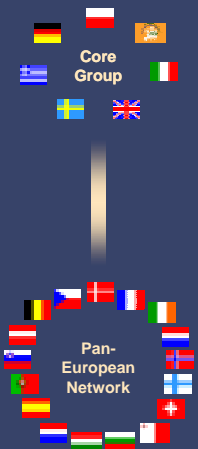


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Research Action - REACT

Aims

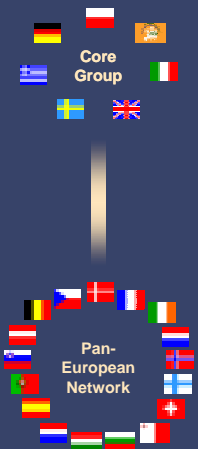
- to contact a network of service providers and privileged witnesses to discuss study results
- to understand better the gap between perceived needs and “Political Reality”
- to contribute to an active change of attitudes
- to provide a manual of innovations, good practice etc.



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Deliverables for dissemination of the results of EUROFAMCARE (1)

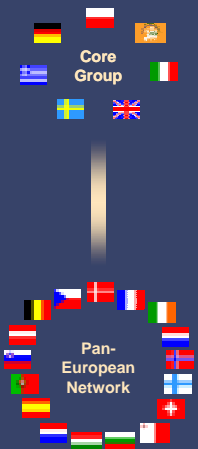
- Different instruments for further research
- National and European data sets for further analysis
- National survey reports
- Trans-European surveys report
- Typology of family carers
- Carer & provider manuals to support family carers



The logo for EUROFAMCARE features the word in a bold, yellow, sans-serif font. The letter 'O' is replaced by a red heart icon with a white outline.

Deliverables for dissemination of the results of EUROFAMCARE (2)

- 23 National background reports
- A Pan-European background report
- Socio-economic report
- Report on European policy dimension
- European Carers Charter and European Carers Day
- European Carers Network (NGOs, practitioners, researcher, politicians)





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Final European Conference

The EUROFAMCARE project will present final results during a European Conference planned for November 2005.

This conference will be open for some interested people from different countries.

Perhaps we shall see some of you again?

Do zobaczenia!





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Overview

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Many thanks for your attention!

Bardzo dziękuje za uwage!



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