

## Curriculum Vitae

<b>Name:</b>	Bernd Löwe
<b>Academic title:</b>	Prof. Dr. med. Dipl.-Psych.
<b>Date of birth:</b>	February 01, 1966
<b>Affiliation:</b>	Department of Psychosomatic Medicine and Psychotherapy, Center for Internal Medicine, University Medical Center Hamburg-Eppendorf
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<b>Present academic position:</b>	Director (W3 Professor)



### Education

1987 – 1996	Study of human medicine (MD), Ruprecht-Karls-University Heidelberg, Germany
1989 – 1995	Study of psychology (Dipl.-Psych.), Ruprecht-Karls-University Heidelberg, Germany

### Degrees

2006	Specialist in psychosomatic medicine and psychotherapy (Facharzt für Psychosomatische Medizin und Psychotherapie)
2004	Habilitation in internal medicine and psychosomatic medicine (Priv.-Doz.)
2003	Specialist in internal medicine (Facharzt für Innere Medizin)
1999	Psychological psychotherapist (Approbation als psychologischer Psychotherapeut)
1996	Dissertation in human medicine (Dr. med.)

### Professional positions

Since 2018	W3 full professorship and director, Department of Psychosomatic Medicine and Psychotherapy, University Medical Center Hamburg-Eppendorf, Germany
Since 2017	Director, Institute for Psychotherapy (IfP), University Medical Center Hamburg Eppendorf, Germany
2007 - 2018	W3 endowed professorship and director, Department of Psychosomatic Medicine and Psychotherapy, University Medical Center Hamburg-Eppendorf, and Head Physician of Psychosomatic Medicine and Psychotherapy, Schön Clinic Hamburg-Eilbek, Germany
2007	Extraordinary professorship, University Medical Center Heidelberg, Germany
2004 - 2007	Chief consultant and head of research, Institute of Psychosomatic and General Clinical Medicine, University Medical Center Heidelberg, Germany
2003 - 2004	DFG research fellow / Max Kade Foundation, Regenstrief Institute, Indiana University School of Medicine, Indianapolis, USA
1996 - 2003	Junior physician and research assistant, Institute of Psychosomatic and General Clinical Medicine, University Medical Center Heidelberg, Germany

### Research interests

Persistent somatic symptoms, somatoform and functional disorders, somatic symptom disorders, mental disorders in patients with somatic diseases, eating disorders, clinical research, psychotherapy research, expectation management research, psychometric research

**Other academic and administrative functions**

Since 2017	Deputy Head, Center for Internal Medicine, University Medical Center Hamburg Eppendorf
Since 2017	Editorial Board Member: 'Journal of Psychosomatic Research', 'Zeitschrift für Psychosomatische Medizin und Psychotherapie', and 'Verhaltenstherapie'
Since 2016	Speaker, European Network to improve diagnostic, treatment and health care for patients with persistent somatic symptoms (EURONET-SOMA)
2011 - 2020	Chairman, committee of specialists 'international affairs' of the Faculty of Medicine, University Medical Center Hamburg-Eppendorf
2019 - 2021	Text revisor, DSM-5 section on somatic symptom disorders, appointed by the American Psychiatric Association (APA)
2020 - 2023	Elected member Review Board FK 205-02 and deputy speaker of section 4, Review Board Medicine, of the Deutsche Forschungsgemeinschaft (DFG)

**Selected awards and honours**

Since 2021	Speaker, research unit FOR 5211, funded by the Deutsche Forschungsgemeinschaft (DFG), " <i>Persistent SOMATIC Symptoms ACROSS Diseases: From Risk Factors to Modification (SOMACROSS)</i> "
2020	Wayne Katon Research Award of the Academy of Consultation Liaison Psychiatry (ACLP), USA
2007	Research-Award of The Drs. Graute und Graute-Oppermann Foundation of The Donor's Association for German Science
2004	Hans-Roemer-Prize of The German College for Psychosomatic Medicine (DKPM)

**List of 10 selected publications**

Burton C, Fink P, Henningsen P, <b>Löwe B</b> , Rief W, Group E-S. Functional somatic disorders: discussion paper for a new common classification for research and clinical use. <i>BMC Medicine</i> 2020;18(1):34-.
Depping MK, Uhlenbusch N, Härter M, Schramm C, <b>Löwe B</b> . Efficacy of a Brief, Peer-Delivered Self-management Intervention for Patients With Rare Chronic Diseases: A Randomized Clinical Trial. <i>JAMA Psychiatry</i> 2021;78:607-15.
<b>Löwe B</b> , Levenson J, Depping M, Hüsing P, Kohlmann S, Lehmann M, Shedden-Mora, M, Toussaint, A, Uhlenbusch, N, Weigel, A.S omatic symptom disorder: a scoping review on the empirical evidence of a new diagnosis. <i>Psychol Med</i> 2022;52, 632-48.
<b>Löwe B</b> , Andresen V, Van den Bergh O, Huber T B, von dem Knesebeck O, Lohse AW et al. Persistent SOMATIC symptoms ACROSS diseases - from risk factors to modification: scientific framework and overarching protocol of the interdisciplinary SOMACROSS research unit (RU 5211). <i>BMJ Open</i> 2022;12(1):e057596.
<b>Löwe B</b> , Blankenberg S, Wegscheider K, König HH, Walter D, Murray AM, Gierk B, Kohlmann S. Depression screening with patient-targeted feedback in cardiology: DEPSCREEN-INFO randomised clinical trial. <i>Br J Psychiatry</i> 2017;210:132-139.
<b>Löwe B</b> , Piontek K, Daubmann A, Härter M, Wegscheider K, König HH, Shedden-Mora, M: Effectiveness of a Stepped, Collaborative, and Coordinated Health Care Network for Somatoform Disorders (Sofu-Net): A Controlled Cluster Cohort Study. <i>Psychosom Med</i> 2017;79:1016-24.
<b>Löwe B</b> , Lohse A, Andresen V, Vettorazzi E, Rose M, Broicher W. The Development of Irritable Bowel Syndrome: A Prospective Community-Based Cohort Study. <i>Am J Gastroenterol</i> 2016;111:1320-1329.
Toussaint A, Hüsing P, Kohlmann S, Brähler E, <b>Löwe B</b> . Excessiveness in Symptom-Related Thoughts, Feelings, and Behaviors: An Investigation of Somatic Symptom Disorders in the General Population. <i>Psychosom Med</i> 2021;83(2):164-70.
Toussaint A, Hüsing P, Kohlmann S, <b>Löwe B</b> . Detecting DSM-5 somatic symptom disorder: criterion validity of the Patient Health Questionnaire-15 (PHQ-15) and the Somatic Symptom Scale-8 (SSS-8) in combination with the Somatic Symptom Disorder - B Criteria Scale (SSD-12). <i>Psychol Med</i> . 2020;50(2):324-33.
van der Feltz-Cornelis CM, Elfeddali I, Werneke U, Malt UF, Van den Bergh O, Schaefer R, Kop WJ, Lobo A, Sharpe M, Sollner W, <b>Löwe B</b> . A European Research Agenda for Somatic Symptom Disorders, Bodily Distress Disorders, and Functional Disorders: Results of an Estimate-Talk-Estimate Delphi Expert Study. <i>Frontiers in Psychiatry</i> . 2018;9:151.